



I'm a Mother Too

When Public Health & Personal Experience
Collide

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No one ever thinks that they will lose their baby. It didn't even cross my mind.
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Bio

Lannea A. Adamson, MSW, MPH, CD (DONA), has 15 years of experience in the field of Social Work and has taught at the graduate level at Pitt's School of Social Work. Because of her passion for maternal and child health, she attained a Master's in Public Health and became a certified birth doula.

After spending years studying the disparities for women of color, she unfortunately became the statistic. She is the 1 in 4 women that has experienced a miscarriage; not once but three times. Lannea puts a face to the issue and uses her education combined with her personal experiences to deliver trainings and workshops that leave the audience wanting more.

"I'm a Mother Too"


Based on her chapter in the book, "Scenes From a Single Mom: Volume II, Love, Loss, & Legacy and her performance in the show, Brown Mama Monologues

Other Speaking Topics Include:

- Racial disparities impacting black maternal health
- Mental health disparities - postpartum depression
- Cultural humility & best practice

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